

## GRILLED SANDWICHES

<b>The Cuban</b> Chicken, mozzarella, tomato & homemade parsley mayo & aioli + chicken/bacon 64,- + olives 30,-	<b>198,-</b> [G,E,M,SP,SES]
<b>The Italian</b> Chicken, tomato, mozzarella, parmesan, pesto & homemade aioli + chicken/bacon 64,- + sundried tomatoes 25,-	<b>198,-</b> [G,E,M,N1,SP,SES]
<b>The Spanish</b> Serrano, salami & ham with mozzarella, tomato & homemade aioli + chicken 64,- + onions 18,-	<b>198,-</b> [G,E,M,SP,SES]
<b>The Vegetarian</b> Mozzarella, tomato, pesto, sundried tomato & onions, olives, aioli + mushrooms 31,- + spinach 19,- + olives 30,-	<b>198,-</b> [G,E,M,N1,SP,SES]
<b>The Sicilian</b> Tuna, avocado, egg, capers, tomato, onions, mayo. Rye bread. + bacon 64,- + egg 29,-	<b>198,-</b> [G,E,M,N1,SP,SES]

**All sandwiches come with a side salad  
Gluten-free bread + 17,-**

## BREAKFAST

<b>Eggs &amp; Bacon</b> Eggs of your choice, toasted bread & crispy bacon	<b>179,-</b> [G,E,M,SP,SES]
<b>Omelet</b> Spinach, feta cheese, red onions + cherry tomatoes 23,- + olives 30,-	<b>189,-</b> [G,E,M,SP,SES]
<b>Cheese Nest</b> Eggs, mozzarella, spinach, cherry tomatoes, pesto + chicken/bacon 64,-	<b>199,-</b> [G,E,M,SP,SES,N1]
<b>SALADS</b>	
<b>House Salad</b> Boiled eggs, cherry tomatoes, olives, bell pepper & cucumber with creamy ricotta & parsley dressing. + feta cheese 35,- + chicken 64,-	<b>179,-</b> [G,E,M,N,SES]
<b>Chicken Salad</b> Warm chicken breast, sundried tomatoes, onions, feta cheese with honey mustard dressing + spinach 18,- + fresh mozzarella 43,-	<b>198,-</b> [G,M,N1,SP,SES]
<b>Primavera Salad</b> Warm chicken breast, spinach, strawberries, fresh mozzarella, roasted almonds, avocado & balsamic cream. + chicken/bacon 64,- + mushrooms 31,-	<b>249,-</b> [G,M,N3,SP,SES]

## PASTA SPECIALS

<b>Chicken &amp; Pesto</b> Pasta with homemade fresh basil & pine nut pesto, chicken, mozzarella & cherry tomatoes + bacon 64,- + onions 18,- + mushrooms 31,-	<b>235,-</b> [E,G,M,N1,SP,SU,SES]
<b>De La Casa</b> Pasta with 4 cheese sauce, chicken, sundried tomatoes & spinach + olives 30,- + onions 18,-	<b>235,-</b> [E,G,M,SP,SU,SES]
<b>Mediterranean</b> Pasta with mushrooms, red onion, olives, feta cheese & sundried tomatoes sautéed in chili & garlic oil + chicken/bacon 64,-	<b>230,-</b> [E,G,M,SES]
<b>Boloñese</b> Pasta with ground beef&pork, mozzarella + chicken/bacon 64,-	<b>179,-</b> [E,G,M,N1,SES,SU]
<b>Carbonara</b> Pasta with cream, bacon, mushrooms + chicken/bacon 64,-	<b>179,-</b> [E,G,M,SES,SU]

**All pasta come with parmesan [M].**

**All pasta, salads and breakfast come with  
side bread [G].  
Gluten-free bread + 17,-**

## BOWLS

**Acai Bowl** 178,-  
Our homemade granola topped with banana, apple, seasonal fruits, coconut flakes & peanut butter [P,N3,N4,G2]

**Mango Bowl** 175,-  
Our homemade granola topped with banana, apple, seasonal fruits, coconut flakes & peanut butter [P,N3,N4,G2]

**Yogurt Bowl** 159,-  
Greek yogurt, blueberries, strawberries, seasonal jam, granola, coconut, honey [M,N3,N4,G2]

**Overnight oats** 149,-  
Our oats and coconut milk, honey, topped with banana, apple, seasonal fruits, granola, coconut flakes & peanut butter [P,N3,N4,G2]  
+ extra fruit 21,-  
+ granola [G] 24,-  
+ peanut butter 22,-

## SMOOTHIES

**Bonita Passion** 95,-  
Mango, passionfruit & mint

**Bonita Protein** 95,-  
Blueberry, banana, peanut butter & coconut milk [P]

**Bonita Green** 95,-  
Green apple, ginger, mint, pineapple, spinach, lime juice

**High & Magic** 95,-  
Peach, raspberry & orange

**Mango Loco** 95,-  
Mango, coconut milk & shredded coconut

+ chia seeds 14,-  
+ granola [M] 25,-  
+ peanut butter 24,-

## LEMONADES

**Natural** 82,-  
Lime & ice

**Cucumber** 82,-  
Lime, cucumber & ice

**Mint** 82,-  
Lime, mint & ice

**Coconut** 82,-  
Lime, coconut milk, shredded coconut & ice

**Mango** 85,-  
Lime, frozen mango & ice

## HOT DRINKS

**Kaffe latte** [M] 50,-  
**Cortado** [M] 46,-  
**Cappuccino** [M] 46,-  
**Mocca Latte** [M] 56,-  
**Americano** 38,-  
**Espresso** 31,-  
**Esp. Macchiato** [M] 36,-  
**Black coffee s/m/1** 37,-/42,-/47,-  
**Refill** 19,-  
**Golden Milk** [M] 59,-  
**Hot chocolate** [M] 59,-  
**Matcha Latte** [M] 75,-  
**Chai Latte** [M] 55,-  
**Dirty Chai Latte** 61,-  
**Tea** 43,-  
Black, Earl gray, Chai, Rooibos, Fruit, Green

## COLD DRINKS

**Orange Juice** 62,-  
**Freddo Espresso** 32,-  
**Iced Americano** 42,-  
**Iced Latte** [M] 50,-  
**Iced Mocca** [M] 56,-  
**Frappuccino** [M] 55,-  
**Iced Matcha** [M] 80,-

## SPECIAL

**Espresso Cubano** 32,-  
**Decanted Americano** 40,-

+ special milk 6,-  
Soya, oat, almond, coconut, lactose-free

+ syrup 9,-  
Hazelnut, vanilla, caramel, irish cream

+ double shot 5,-  
+ espresso shot 9,-